

# OVERVIEW OF THE NEW CAP-MR/DD TIERED WAIVERS

NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services

## Why 2 waivers?

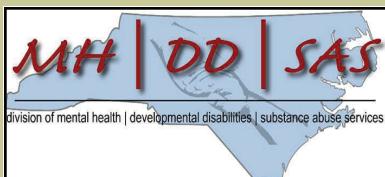
- To offer a more individualized service array.
- To serve more people.
- To manage costs.

## What are the positive outcomes from the Comprehensive Waiver?

- Greater flexibility in service delivery.
- Historical increase in the number of individuals served.
- Additional learning in how we can better serve individuals with developmental disabilities in NC.

## How will we transition from the existing waiver to the 2 waivers?

- Training will occur prior to implementation.
- Information will be provided to the system/stakeholders.
- Case Managers will meet with individual participants/families.
- Waiver selection will be based on current Plan of Care.
- There will not be a termination or suspension in services or supports.



For more information, please visit:

### (Websites)

- ◆ [www.ncdhhs.gov/mhddsas](http://www.ncdhhs.gov/mhddsas)
- ◆ [www.ncdhhs.gov/mhddsas/cap-mrdd/index.htm](http://www.ncdhhs.gov/mhddsas/cap-mrdd/index.htm)
- ◆ [www.siswebsite.org](http://www.siswebsite.org)

### (Email)

- ◆ [Tiered.waivers.Development@ncmail.net](mailto:Tiered.waivers.Development@ncmail.net)

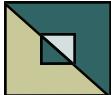
## CAP-MR/DD WAIVERS

SUPPORTS WAIVER (Tier 1)	COMPREHENSIVE WAIVER (Tier 2)
<p><i>(Tier 1 is for those individuals with autism, developmental disabilities, or mental retardation who live in their own home or reside with their family in the State of North Carolina and who receive or may need a low intensity of support.</i></p> <ul style="list-style-type: none"><li>• <b>Self-direction</b> of services is an option in this waiver. (Please refer to the back of the document for additional information)</li><li>• <b>Supports Intensity Scale</b> required for People who choose to "self-direct".</li><li>• Will not include Residential Supports.</li><li>• <b>Resource Allocation</b> required in self-direction.</li><li>• This waiver may include a wide array of services.</li><li>• Waiver will have a cost limit.</li></ul>	<p><i>(Tier 2 is for individuals with autism, developmental disabilities, or mental retardation who live in their own home, reside with family, or receive residential supports in a community congregate setting in the State of North Carolina and for individuals who experience severe medical fragility, and/or severe behavioral challenges.</i></p> <ul style="list-style-type: none"><li>• <b>Self-direction</b> is <u>not</u> an option in this waiver.</li><li>• Current and new proposed services will be available within this waiver.</li><li>• The new services specifically designed to address medical and behavioral conditions will be proposed.</li><li>• Waiver will have a cost limit. (Individuals must be able to be served within the financial maximum)</li></ul>

This handout was developed to foster a better understanding of the new CAP-MR/DD Waivers. This information is not complete and is subject to change and approval by CMS.

# OVERVIEW OF THE NEW CAP-MR/DD TIERED WAIVERS, Continued:

## CONSISTENT ACROSS BOTH WAIVERS



### Focus on Person Centered Planning/ Standard PCP Format

#### Within a PCP, individuals will have:

- ◆ Meaningful input into the design and planning of the service.
- ◆ Information about services, how to access them and how to voice complaints.
- ◆ Easy, immediate access to appropriate services.
- ◆ Education, employment or vocational experiences that encourage individual growth, personal responsibility and enjoyment of life.
- ◆ Safe and humane living condition in communities of their choice.
- ◆ Reduced involvement in the judicial system.
- ◆ Services that prevent and resolve crisis.
- ◆ Opportunities to participate in community life, to pursue relationships with others and to make choices that enhance their productivity, well being and quality of life.
- ◆ An unified plan



### National Accreditation

- ◆ National Accreditation is required for Medicaid waiver providers within 2 years of waiver implementation.



### Risk Assessment

- ◆ Risk Identification Tool identifies potential risk and asks for the reason why this is a risk for this person. Review of this information creates a risk assessment.
- ◆ The risk assessment is considered during the development of the Person Centered Plan.
- ◆ Supports, strategies and goal will be developed.



### Prioritization

- ◆ The CAP-MR/DD Waiver Services Prioritization Tool is used to assess the intensity of need of individuals requesting CAP-MR/DD Waiver funding.



### Participant Rights

- ◆ Individuals are notified in writing of their rights to a Fair Hearing, method for obtaining a Fair Hearing, rules that govern representation at Fair Hearings, and the rights to file grievances and appeals.



### Participant Safeguards

- ◆ Protections for health and safety for individuals are included throughout the waivers. Three areas addressed are: response to critical incidents/events, safeguards concerning restraints and restrictive interventions, and medication management and administration.

## CAP-MR/DD SERVICES & SUPPORTS

- ◆ Personal Care (Enhanced, Nursing)
- ◆ Home and Community Support
- ◆ Respite (Enhanced, Nursing, Crisis)
- ◆ Residential Support
- ◆ Home Supports
- ◆ Crisis Services
- ◆ Behavior Consultant I, II, III
- ◆ Adult Day Health
- ◆ Day Supports
- ◆ Transitional Work Services
- ◆ Long Term Vocational Support
- ◆ Individual Caregiver Training and Education
- ◆ Supported Employment
- ◆ Personal Emergency Response System
- ◆ Specialized Consultative Services
- ◆ Specialized Equipment and Supplies
- ◆ Transportation
- ◆ Vehicle Adaptations
- ◆ Home Modifications
- ◆ Augmentative Communication

## **SELF-DIRECTION - (Supports Waiver Only)**

The Center for Medicare/Medicaid Services (CMS) defines self-directed services as those which, "present individuals with an option to control and direct Medicaid funds identified in an individual budget, and in which the participants live in their own homes."

## **Principles of Self-Direction**

### **Freedom**

- ◆ To choose where to live and work
- ◆ To make choices for your life
- ◆ To choose who is in your life

### **Authority**

- ◆ To control how to spend your money
- ◆ To determine what you will purchase

### **Responsibility**

- ◆ To use public dollars effectively
- ◆ To make responsible choices
- ◆ To contribute to the community you live in
- ◆ To make the effort to have positive relationships with friends, family and neighbors